Israel Games

Israel-Themed Ice Breakers

Looking for a fun ice breaker? Want to integrate Israel into your program? You'll probably recognize some of these easy-to-do ice breakers. We've added new twists to traditional ice breakers to create some fast-paced, energy packed short programs that can be used at any USY program.

Israeli Postman

All USYers sit in a circle except for one person (the "Postman") who stays in the middle. Each person chooses a city in Israel and announces in. The "Postman" announces that a letter has been sent from one city to another (ex. Tel Aviv to Jerusalem). The people who chose those cities need to exchange places quickly before the "Postman" can take their place. The one without a seat becomes the new "Postman." If the "Postman" calls out "Special Delivery", everyone needs to exchange seats.

Variation: Ha Ruach Noshevet (A Wind Blows....)

The USYers sit in a circle with one person in the middle. They need to call out "Ha Ruach Noshevet for anyone _____!" (Ex. wearing blue, who has gone to a USY shabbaton, who has been to Israel!) Everyone who the statement applies to needs to stand up quickly and exchange seats. No one can keep the same seat once and everyone must move if it applies to them. The person in the middle needs to try to take a seat quickly and the person left becomes the new caller.

A Trip to Israel

Here, there are a few variations on a traditional circle game. USYers will sit in a circle and complete the sentence. A variation is to have each USYer state what the person before them brought (and the person before that, etc.)

"I packed my bags for Eretz Israel and in it I put...."

"I went to Israel and there I saw..."

Variation: "When I went to Israel..."

Each USYer tells a short bit of a story about a made-up trip to Israel. Each person can add humorous events and twists as they add their part. See where it goes!